

Brightwater Seasonal Plant List



Grasses

- Needle and Thread Grass (*Hesperostipa comata*ssp. *comata*) Cree:
- Blue Grama (*Bouteloua gracilis*) Cree:
- Western wheatgrass *Pascopyrum smithii* Cree:

Invasive Plant Species

- Canary Grass Cree:
- Leafy Spurge *Euphorbia esula* Cree:
- Smooth Brome (*Bromus inermis*) Cree:
- *Fringed Brome *Bromus ciliatus* Cree:

Spring

- *Bunch Berry or dwarf dogwood (*Cornus canadensis*) Cree: pihew mina
- *Bedstraw (*Galium boreale* & *Galium triflorum*) Cree:
- *Bergamont, or Bee Balm (*Monard fistulosa* var. *menthaefolia* a) Cree:
- *Fireweed (Evening-Primrose Family) (*Epilobium angustifolium*) Cree: hapaskwa
- *Hyssop (*Agastache foeniculum*): Cree:
- *Dandelion (*Taraxacum officinale*) Cree: meoskamewuskos
- *Indian Breadroot or Wild Turnip (*Psoralea esculenta*)
- *Mint (*Mentha arvensis*): Cree:
- *Marsh Marigold (*Caltha palustris*): Cree:
- *Plantain (*Plantago* spp.): Cree:
- Pink wintergreen (*Pyrola asarifolia*) Cree: amiskowehtawakewuskos
- *Poison ivy *Rhus radicans* L Cree:
- Primrose *Androsace sepyentrionalis*
- White Evening-primrose (*Oenothera Nuttallii*) Cree:
- *Prickly pear cactus (*Opuntia* spp.): Cree:
- *Prairie Sage (*Artemisia frigida*) Cree: mostosowehkuskwa
- *Pasture Sage (*Artemisia frigida*): Cree:
- Solomon-seal (*Polygonatum biflorum*): Cree:
- False Solomon's Seal (*Smilacina stellata* L.) Cree:
- *Western Red Lily *Lilium philadelphicum* Cree:
- *Wild prairie onions *Allium cernuum* Cree:
- *Wild strawberries (*Fragaria* spp.) Cree: tehiminpukos
- *Bog violet *Viola nephrophylla* Cree:
- *Western Canada violet (*Viola canadensis*) Cree:
- *Yarrow (*Achillea millefolium*) Cree:
- *Broad-leave (Plantain *Plantago major*) Cree: muchikwanas
- *Western Red Lily (*Lilium philadelphicum* var. *andinum*) Cree:
- Blue-eyed Grass (*Sisyrinchium montanum*) Cree:
- Cut-leaved Anemone (*Anemone multifida*) Cree:
- Prairie Crocus (*Pulsatilla patens* ssp. *Multifida*) Cree:

Three-Flowered Avens (*Geum triflorum*) Cree:
Prairie Rose (*Rosa arkansana*) Cree:
Buffalo Bean (*Thermopsis rhombifolia*) Cree:
Smooth blue Beardtongue (*Penstemon nitidus*) Cree:
Prairie Everlastin, Pussytoes (*Antennaria aprica*) Cree:
Purple Prairie-clover (*Dalea purpurea*) Cree:
Scarlet Gaura, Burrerflyweed (*Gaura coccinea*) Cree:
Dwarf Milkweed (*Asclepias ovalifolia*) Cree:
Low Townsendia (*Townsendia exsapa* or *T. sericea*) Cree:
Bog sedge (*Carex gynocrates*) Cree:
Hay Sedge (*Carex siccata*) Cree:
Short sedge (*Carex canescens*) Cree:
Red and white Baneberry **POISONOUS** (*Actaea rudra*) Cree: maskominantik

Bebb's Sedge (*Carex bebbii*) Cree:
Green sedge (*Carex viridula*) Cree:
Northern Reindeer lichen (*Cladina stellaris*) Cree:

Fall

- *Dandelion (*Taraxacum officinale*) Cree: meoskamewuskos
- *Bedstraw (*Galium boreale*) Cree:
- * Sweet-scented Bedstraw(*Galium triflorum*) Cree:
- *Bergamont, Bee Balm (*Monarda fistulosa* var. *menthaefolia*): Cree: apiscanakaskisik
- *Bunchberry, or dwarfed dogwood, (*Cornaceae*) Cree: pihew mina
- *Fireweed (Evening-Primrose Family) (*Epilobium angustifolium*) Cree: hapaskwa
- *Hyssop (*Agastache foeniculum*): Cree:
- *Mint(*Mentha arvensis*): Cree: amisko wehkuskwa
- *Mash Marigold (*caltha palustris*): Cree:
- *Indian Breadroot (Wild Turnip) Cree:
- *Plantain(*Plantago* spp.): Cree:
- Pink wintergreen *Pyrola asarifolia* Cree:
- *Prickly pear cactus (*Opuntia* spp.): Cree:
- *Prairie Sage (*Artemisia frigida*): Cree:
- *Pasture Sage (*Artemisia frigida*): Cree:
- *Poison ivy (*Rhus radicans*) Cree:
- Primrose *Androsace sepyentrionalis* Cree:
- White Evening-primrose (*Oenothera Nuttalli* Cree:
- *Scarlet Mallow (*Sphaeralcea coccinea*): Cree:
- Solomon-seal (*Polygonatum biflorum*): Cree:
- *Wild strawberries (*Fragaria* spp.) Cree: otehiminpukos
- *Early blue violet (*Viola adunca*) Cree:
- *Western Canada violet *Viola canadensis* Cree:
- *Yarrow (*Achillea millefolium*) Cree: wapunewusk Cree:
- Canadian Milk-Vetch (*Astragalus Canadensis*) Cree:
- Slender Milk-Vetch (*Astragalus Flexuosus*) Cree: kasisikwani-pathisihk
- Ascending Purple Milk –Vetch (*Astragalus adsurgens* ssp *robustior*) Cree:
- Early Yellow Locoweed (*Oxytropis campestris* var. *spiciata*) Cree:
- Purple Prairie-clover (*Dalea purpurea*) Cree:
- Scarlet Gaura, Burrerflyweed (*Gaura coccinea*) Cree:
- Dwarf Milkweed (*Asclepias ovalifolia*) Cree:
- Pussytoes, Low Everlasting (*Antennaria aprica*) Cree:
- Smooth Aster (*Symphotrichum leave* var. *geyeri*) Cree: mistahisakwiwask
- Showy Aster (*Aster conispicius*) Cree:
- Dotted Blazingstar (*Liatris punctata*) Cree:
- Silverweed (*Potentilla anserine*) Cree:
- Common Harebell (*Campanula Rotundifolia*) Cree: kuskwasonapiskos
- Bog sedge (*Carex gynocrates*) Cree:
- Hay Sedge (*Carex siccata*) Cree:
- Short sedge (*Carex canescens*) Cree:
- Bebb's Sedge (*Carex bebbii*) Cree:
- Green sedge (*Carex viridula*) Cree:
- Northern Reindeer lichen (*Cladina stellaris*) Cree: wapiskastaskamihk, atikomiciwin
- Red and white Baneberry **POISONOUS** (*Actaea rudra*) Cree: maskominanatik

Throughout the Seasons

- *Black current (*Ribes hudsonianum*) Cree: kaskitimin
- *Red current (*Ribes triste*) Cree: mithicimin
- *Gooseberry (*Ribes oxycanthoides*) Cree: sapoominak
- *Bearberry Kinnikinnick (*Arctostaphylos uva-ursi*) Cree: achiygasipuk, kinnikinnick
- *Buffaloberry (*Shepherdia argentea*) Cree: kinipikomina
- *Chokecherry (*Prunus virginiana*): Cree: takwahiminana
- *Cattail (*Typha* spp.): Cree:
- *Red osier dogwood (*Cornus sericea*). Cree: mehkwapemakwa
- *Manitoba Maple or Box Elder (*Acer negundo*) Cree:
- *Richardson's water Moss *Calliergon richardsonii* Cree:
Thick Ragged Moss *Brachythecium* Cree:
- *Paper Birch (*Betula papyrifera*) waskwa-akik Cree: wuskwi-atik, waskwayahtik
- *River Birch *Betula occidentalis* Cree:
- *Trembling Aspen (*Populus tremuloides*) Cree: metos
- *Balsam Poplar (*Populus Balsamifera*) Cree: Metos mada
- *Wild Flax (*Linum usitatissimum*): Cree:
- *Sand Willow (*Salix lasiandra*) Cree: nipsi
- *Golden rod (*Solidago canadensis*): Cree:
Western Bergamont, Bee Balm (*Monarda fistulosa* var. *menthaefolia*.) Cree:
- *Black Current (*Ribes hudsonianum*) Cree:
- *Creeping juniper (*Juniperus* spp. *Horizontalis*) Cree: ahaseminanatik, napakasehtak
- *Common Juniper (*Juniperus communis*) Cree: Kahkakew-mina, kahkakewatik
- *High Bush Cranberry (*Viburnum opulus*): Cree: nepiminana
- *Wild Hawthorns (*Crataegus* spp.): Cree:
- *Horsetail (*Equisetum pratense*): Cree: mistatimosoy
- * Scouring Rush Cree: Kiychiwiykusk
- *Lichens Green starburst *Parmeliopsis ambigua* Cree:
- *Rim Lichen (*Lecanora cirumpborealis*) Cree:
- *Green speckleback (*Flavopunctelia flaventior*) Cree:
Crusted orange lichen (*Caloplaca cerina*) Cree:
- *Raspberry (*Rubus idaeus*): Cree: anosh'kanek
- *Saskatoonberry Juneberry Serivceberry (*Amelanchier alnifolia*): Cree: misaskatoomena
- *Sarsaparilla (*Aralia nudicaulis*): Cree: waposoccepihk
- *Silverberry (*Elaeagnus commutata*): Cree:
- *Snowberry (Buck Brush) (*Syphoricarpos albus*) Cree: mahekunimin
- *Scouring rush (*Equisetum*): Cree:
- *Stinging Nettle (*Urtica dioica*) Cree:
- *Wild Rose (*Rosa acicularis*): Cree: kaminakuse
- *Wild licorice (*Glycyrrhiza Lepidota*) Cree:

* ethno-botany uses